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# Reduction of L-methionine selenoxide to seleno-L-methionine by endogenous thiols, ascorbic acid, or methimazole

Renee J. Krause, Adnan A. Elfarra \*

Department of Comparative Biosciences and the Center for Molecular and Environmental Toxicology,  
University of Wisconsin-Madison, Madison, WI 53706, United States

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## ABSTRACT

Seleno-L-methionine (SeMet) can be oxidized to L-methionine selenoxide (MetSeO) by flavin-containing monooxygenase 3 (FMO3) and rat liver microsomes in the presence of NADPH. MetSeO can be reduced by GSH to yield SeMet and GSSG. In the present study, the potential reduction of MetSeO to SeMet by other cellular components and antioxidants was investigated. Besides GSH, other thiols (L-cysteine, or N-acetyl-L-cysteine) and antioxidants (ascorbic acid and methimazole) also reduced MetSeO to SeMet. This reduction is unique to MetSeO since methionine sulfoxide was not reduced to methionine under similar conditions. The MetSeO reduction by thiols was instantaneous and much faster than the reduction by ascorbic acid or methimazole. However, only one molar equivalent of ascorbic acid or methimazole was needed to complete the reduction, as opposed to two molar equivalents of thiols. Whereas the disulfides produced by the reactions of MetSeO with thiols are chemically stable, methimazole disulfide readily decomposed at pH 7.4, 37 °C to yield methimazole, methimazole-sulfenic acid, methimazole sulfinic acid, methimazole S-sulfonate, 1-methylimidazole (MI) and sulfite anion. Collectively, the results demonstrate reduction of MetSeO to SeMet by multiple endogenous thiols, ascorbic acid, and methimazole. Thus, oxidation of SeMet to MetSeO may result in depletion of endogenous thiols and antioxidant molecules. Furthermore, the novel reduction of MetSeO by methimazole provides clear evidence that methimazole should not be used as an alternative FMO substrate when studying FMO-mediated oxidation of SeMet.

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## 1. Introduction

Seleno-L-methionine (SeMet<sup>1</sup>), a naturally occurring amino acid, has potent growth inhibitory and apoptotic activities against multiple human tumor cell lines, including breast, colon, liver, lung, prostate, skin and lymphoid cells [1–5].

SeMet has also been suggested to have anti-cancer/chemopreventive properties in human clinical studies [6,7]. However, acute or chronic exposures to high concentrations of SeMet have caused toxicity [8–10]. For example, mallards fed diets containing SeMet (10 ppm Se) had lower body weights relative to controls and exhibited teratogenic effects [9], whereas

\* Corresponding author at: School of Veterinary Medicine, 2015 Linden Drive, Madison, WI 53706, United States. Tel.: +1 608 262 6518; fax: +1 608 262 6518.

E-mail address: [aelfarra@wisc.edu](mailto:aelfarra@wisc.edu) (A.A. Elfarra).

Abbreviations: FMOs, flavin-containing monooxygenases; SeMet, seleno-L-methionine; MetSeO, L-methionine selenoxide; MIZ, methimazole; MI, 1-methylimidazole.

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mallard ducklings fed higher levels of SeMet (30 ppm Se) resulted in high mortality, impaired growth in survivors, and exhibited decreased GSH and increased GSSG levels in the liver [10]. Yet the mechanisms of the biological activities of SeMet remain unclear.

SeMet can potentially serve as an antioxidant in biological systems [11]. It can be readily oxidized by peroxynitrite, the reaction product of nitric oxide and superoxide [12,13]. The two-electron oxidation results in formation of L-methionine selenoxide (MetSeO). Recent work in our laboratory demonstrated that SeMet can also be oxidized to MetSeO by recombinant or purified flavin-containing monooxygenase 1 (FMO1) and FMO3 from rats or humans [14,15]. Because SeMet exhibited higher affinity for purified rat liver FMO3 ( $K_m = 0.11$ – $0.31$  mM) than purified rat liver FMO1 ( $K_m = 7.8$  mM), and because the rat liver microsomal activity was not inhibited by the inclusion of 1-benzylimidazole, superoxide dismutase, or deferoxamine, FMO3 was suggested to be the major enzyme involved in SeMet oxidation in rat liver microsomes. Indeed, because the SeMet  $K_m$  value for FMO3 was similar or lower than the SeMet  $K_m$  values for methionine adenosyltransferase ( $0.6$ – $0.8$  mM), methionine  $\gamma$ -lyase ( $0.51$  mM), or glutamine transaminase ( $0.13$  mM), FMO3 was suggested to play an important role in the biological activities of SeMet at low exposure levels [14]. The finding that MetSeO can be recycled back to SeMet by two molecules of GSH, producing GSSG in the process, suggests that GSH may protect against the toxicity of MetSeO [14,16,17].

In the present study, the ability of the endogenous thiols L-cysteine, N-acetyl-L-cysteine and GSH, the FMO substrates methimazole (MIZ, 1-methyl-2-mercaptoimidazole) and L-methionine [18,19], and the antioxidant, ascorbic acid [20] to carry out the nonenzymatic reduction of MetSeO was examined to clarify the reactivity and/or selectivity of MetSeO towards these molecules and allow a better understanding of the mechanisms involved in SeMet-induced biological activities. MIZ was included because of its common use as a competitive inhibitor of FMO-mediated oxidations [19]. Ascorbic acid was previously shown to react with selenoxides under mild acidic conditions to give dehydroascorbic acid [21]. Ascorbic acid depletion has also been reported as a result of product recycling during the selenoxidation of phenyl 2-aminoethyl selenide by dopamine  $\beta$ -monooxygenase [22].

## 2. Materials and methods

### 2.1. Reagents

SeMet, L-cysteine, N-acetyl-L-cysteine, N-acetyl-L-methionine, L-methionine, L-methionine sulfoxide, ascorbic acid (vitamin C), MIZ, and both the reduced and oxidized forms of GSH were obtained from Sigma-Aldrich. Additional SeMet and 30% hydrogen peroxide were purchased from Acros Chemical. MetSeO (purity > 95%) was synthesized as previously described [14]. Bis-(1-methylimidazole)-2,2'-disulfide (MIZ-disulfide) was prepared by reacting MIZ in  $\text{NaHCO}_3$  with  $\text{I}_2/\text{KI}$  [23] and its identity was confirmed by electrospray ionization (ESI)-mass spectrometry (MS) carried out at the Mass Spectrometry Facility of the Biotechnology Center at

University of Wisconsin-Madison (Madison, WI). An Applied Biosystems 3200 Q Trap LC/MS/MS with direct injection was used. HPLC grade acetonitrile was obtained from EM Science. All other chemicals were of the highest quality commercially available.

### 2.2. Reduction of MetSeO by potential reductants

MetSeO ( $1 \mu\text{mol}$ ) and GSH (1, 2, or  $5 \mu\text{mol}$ ) were reacted in phosphate buffer ( $0.1 \text{ M KH}_2\text{PO}_4$ ,  $0.1 \text{ M KCl}$ ,  $5 \text{ mM EDTA}$ , pH 7.4) or PBS ( $137 \text{ mM NaCl}$ ,  $2.7 \text{ mM KCl}$ ,  $5.2 \text{ mM NaHPO}_4$ ,  $0.9 \text{ mM KH}_2\text{PO}_4$ , pH 7.4) in a total reaction volume of  $1 \text{ ml}$  at  $37^\circ\text{C}$ . Aliquots of the reaction were taken at 5 and 25 min and analyzed by HPLC as described below. Stabilities of SeMet, MetSeO, GSH, and GSSG in the phosphate buffer in the presence or absence of GSH or GSSG were also examined after incubation at  $37^\circ\text{C}$  for 75 min.

To determine if endogenous compounds, other than GSH, and antioxidants could serve as a reductant of MetSeO, several compounds including L-cysteine, N-acetyl-L-cysteine, L-methionine, methimazole and ascorbic acid were used. Briefly, MetSeO ( $1 \mu\text{mol}$ ) was reacted with 1, 2, or  $5 \mu\text{mol}$  antioxidant in phosphate buffer in a total reaction volume of  $1 \text{ ml}$  at  $37^\circ\text{C}$ . In order to characterize the early eluting products in the MetSeO with MIZ reaction, the buffer was changed to PBS in some incubations. Time points were taken initially and then every 25 min thereafter up to 150 min. Samples were filtered through Acrodisc filters and analyzed by HPLC as described below.

In some experiments, L-methionine sulfoxide was used in place of MetSeO to determine if the presence of GSH, MIZ or ascorbic acid at the 1:5 ratio as described above would also result in the reduction of L-methionine sulfoxide. Time points were taken initially and monitored every 30 min until 120 min.

### 2.3. HPLC analyses of MetSeO reduction samples

HPLC analyses were carried out with UV detection using a Gilson gradient controlled HPLC system equipped with a Gilson 117 UV detector and a Beckman Ultrasphere ODS  $5 \mu\text{m}$  reverse-phase C-18 column ( $4.6 \times 250 \text{ mm}$ ). Injection volume was  $100 \mu\text{l}$  by a Gilson 234 autoinjector and the wavelength was 220 nm. The mobile phase on pump A was  $0.015 \text{ M H}_3\text{PO}_4$  (pH 2.3) and on pump B was  $0.015 \text{ M H}_3\text{PO}_4$  (pH 2.3) in 50% acetonitrile/water with a flowrate of  $1 \text{ ml/min}$ . The gradient used was initially 0% pump B for 7 min. The gradient was then increased to 10%B over 1 min where it was held for 6 min before it returned to 0% B over one min for a total run time of 20 min. The retention times for MetSeO, GSH, SeMet, and GSSG were 2.7, 5.8, 8.4, and 12.8 min, respectively. The retention times of ascorbic acid and MIZ were 4.2 and 12.2 min, respectively. UV-vis spectra of products in the reaction of MetSeO and MIZ were obtained using chromatographic conditions as described above except a Beckman HPLC system equipped with a Beckman 168 diode array detector was used. Spectra were obtained from 200–500 nm. Standard curves for SeMet, MetSeO, GSH, and GSSG were obtained by plotting the peak areas versus the concentration. Linear regression produced correlation values of  $>0.99$ .

## 2.4. Characterization of products formed by the reaction of MetSeO with MIZ

Because several new peaks were observed in the HPLC chromatogram of the reaction of MetSeO with MIZ, the reaction mixture was analyzed by LC/MS using an Agilent 1100 LC-time of flight (TOF)-ESI/MS. The system was equipped with a Zorbax™ 80 Å (50 × 2.1 mm) column (Agilent, Palo Alto, CA) run at a flowrate of 200 µl/min. The mobile phase on pump A was 0.1% formic acid and pump B was acetonitrile containing 0.1% formic acid. The gradient used had an initial composition of 0%B where it was held for 3 min. The %B then increased to 100% over 27 min and then decreased to the initial concentration over 2 min.

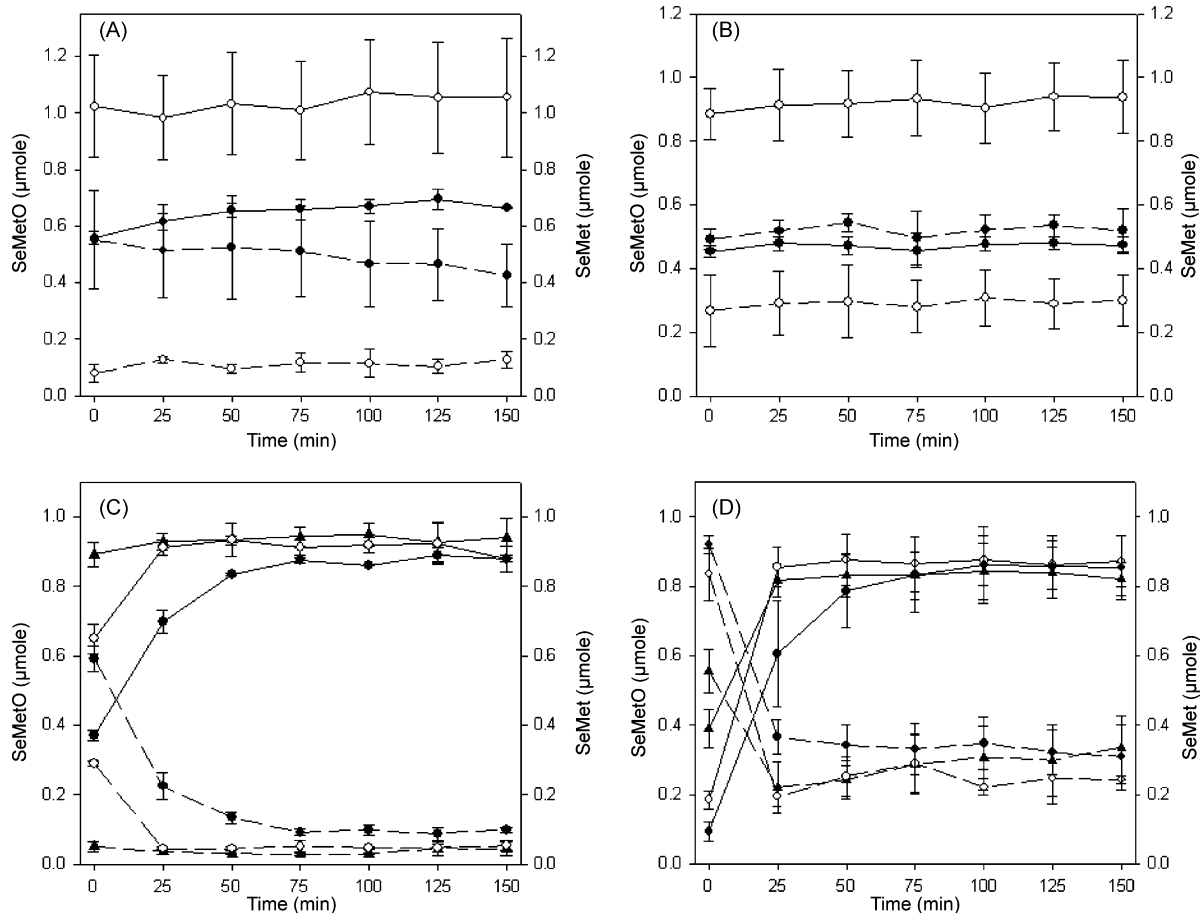
## 2.5. Stability of MIZ S-sulfonate

Attempts to isolate MIZ S-sulfonate by HPLC fractionation from the reaction mixture of MIZ and MetSeO were not successful. Therefore, the stability of MIZ S-sulfonate was characterized in the crude reaction mixture. Aliquots from the reaction mixture (pH 7), before and after adjusting to pH 3 and 5, were incubated at 37 °C for 0–120 min and analyzed by HPLC as described above.

## 3. Results

### 3.1. Chemical reaction of MetSeO with endogenous thiols

A highly sensitive HPLC method was developed to monitor the chemical reaction of MetSeO with GSH and the resulting products SeMet and GSSG. Control experiments showed that the peak area of MetSeO, SeMet, GSH, or GSSG (5 mM) did not change after individual incubations at pH 7.4 and 37 °C for 75 min. Moreover, incubation of MetSeO (2.5 mM) in the presence of GSSG (2.5 mM) or incubation of SeMet (2.5 mM) in the presence of GSH (2.5 mM) did not affect the HPLC peak areas of any of these compounds. Immediately after the addition of MetSeO (1 µmol) and GSH (1, 2 and 5 µmol), two new peaks whose formation was dependent on the presence of both MetSeO and GSH were detected. The retention times of these peaks were identical to those of reference SeMet and GSSG, and the reaction was complete instantaneously (Figure 1A). The results showed formation of 0.5, 1.0 and 1.0 µmol of both SeMet and GSSG at the 1:1, 1:2 and 1:5 SeMet:thiol molar ratios (Fig. 1A; data for the 1:5 molar ratio was not shown for clarity of this figure). This demonstrates that the reduction of MetSeO requires two molar equivalents of GSH to be completed.



**Fig. 1** – Loss of MetSeO and formation of SeMet by endogenous thiols (GSH, A, and L-cysteine, B) and antioxidants (MIZ, C, and ascorbic acid, D) after *in vitro* incubations of MetSeO with these compounds at different molar ratios at physiological conditions (pH 7.4, 37 °C). Solid lines indicate SeMet values and dashed lines indicate MetSeO values. Filled circles represent experiments conducted at a 1:1 molar ratio, open circles 1:2 molar ratio, and filled triangles 1:5 molar ratio. Values presented are means ± S.D. (n = 3).

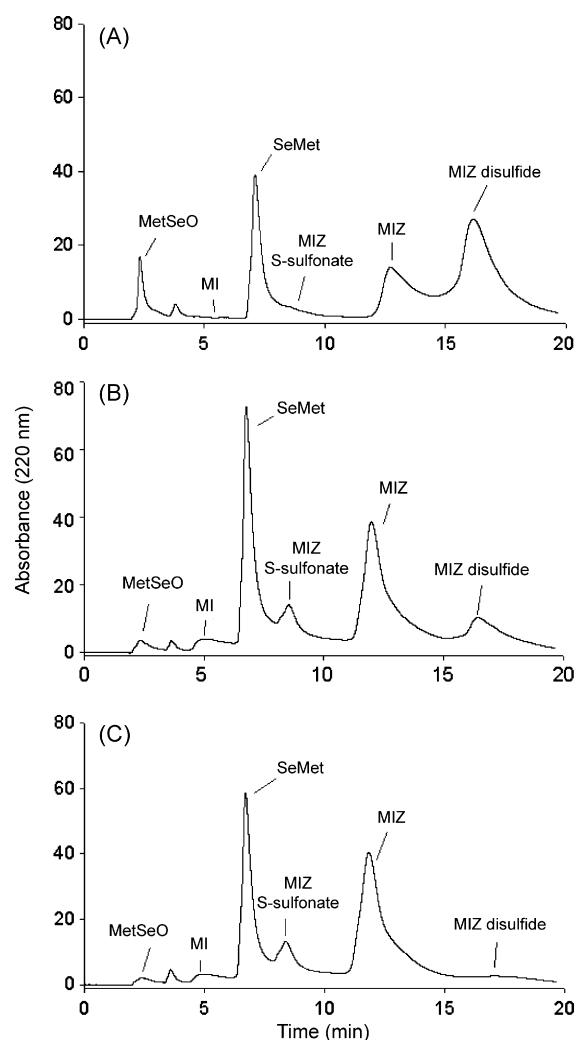
Similar to GSH, L-cysteine, reduced MetSeO to SeMet (Fig. 1B). At the 1:1 molar ratio only half of the MetSeO was converted to SeMet whereas at the 1:2 molar ratio, complete reduction of MetSeO occurred immediately and 1  $\mu$ mol SeMet was formed in the process. Similar results were also obtained with N-acetyl-L-cysteine (data not shown).

### 3.2. Reaction of MetSeO with ascorbic acid or MIZ

Ascorbic acid or MIZ initially reduced MetSeO to SeMet at slower rates than the thiol-containing compounds (Fig. 1). The reaction with ascorbic acid or methimazole was nearly complete by 25 min at the 1:2 MetSeO:ascorbic acid or MIZ molar ratio. However, compared to GSH that produced 0.5  $\mu$ mol SeMet from a 1:1 molar ratio of MetSeO:GSH, the final extent of MetSeO reduction by ascorbic acid or MIZ was higher at the 1:1 molar ratio and was similar to the extent of reduction observed at the 1:2 molar ratio (Fig. 1C, D).

### 3.3. Characterization of additional products from the MetSeO incubation with MIZ

In addition to SeMet, three additional peaks were observed in the HPLC chromatograms of the reaction of MetSeO and MIZ (Fig. 2). These peaks were identified as MIZ-disulfide (retention time 15.8 min; Fig. 2), MIZ S-sulfonate (retention time 8.5 min) and 1-methylimidazole (MI) (retention time 3.6 min) based on coelution with reference compounds and/or MS characterization. MIZ-disulfide was synthesized as previously described [23] and characterized by ESI/MS. The  $MH^+$  detected was  $m/z$  227 which is the same as reported in Freeman et al. [24]. The MS/MS of  $m/z$  227 resulted in  $m/z$  114 which corresponds to MIZ (data not shown). The UV-vis spectra of MIZ-disulfide and MIZ showed a  $\lambda_{max}$  of 253 nm and 252 nm, respectively. However, only the spectrum of generated MIZ-disulfide had a broad peak from 280–320 nm similar to that of the MIZ-disulfide produced by the reaction of MIZ with hypochlorous acid [25]. In the reaction of MetSeO with MIZ, the MIZ-disulfide peak was detectable immediately but then decreased over time until only a trace could be detected at 150 min (Fig. 2). Another new peak in the chromatogram that eluted at 8.5 min (Fig. 2) was detected initially in only trace amounts and increased until 50 min where it remained stable until 150 min. This peak was identified as the S-sulfonate of MIZ by LC/MS (retention time 1.48 min; Fig. 3A) of the reaction mixture. The peak at  $m/z$  194.9 corresponds to  $MH^+$  (Fig. 3B). The small peak at 216.9 is  $M + Na$ . The major fragment at  $m/z$  115.0 corresponds to the loss of  $SO_3^{2-}$ . The Na salt of this anion was also detected at  $m/z$  137.0. The UV-vis spectrum showed that the  $\lambda_{max}$  of MIZ S-sulfonate was 245 nm. The MIZ peak increased until 50 min rather than decreased as expected, indicating that it was being recycled after initial reaction with MetSeO. 1-Methylimidazole was also identified in the reaction (Fig. 2). The area of this peak also increased until 50 min where it remained relatively stable in the reaction mixture. In the LC/MS run, this peak (MI) was also identified at a retention time of 0.64 min (Figure 3A) and produced an  $m/z$  83.1 that corresponds to  $MH^+$ .



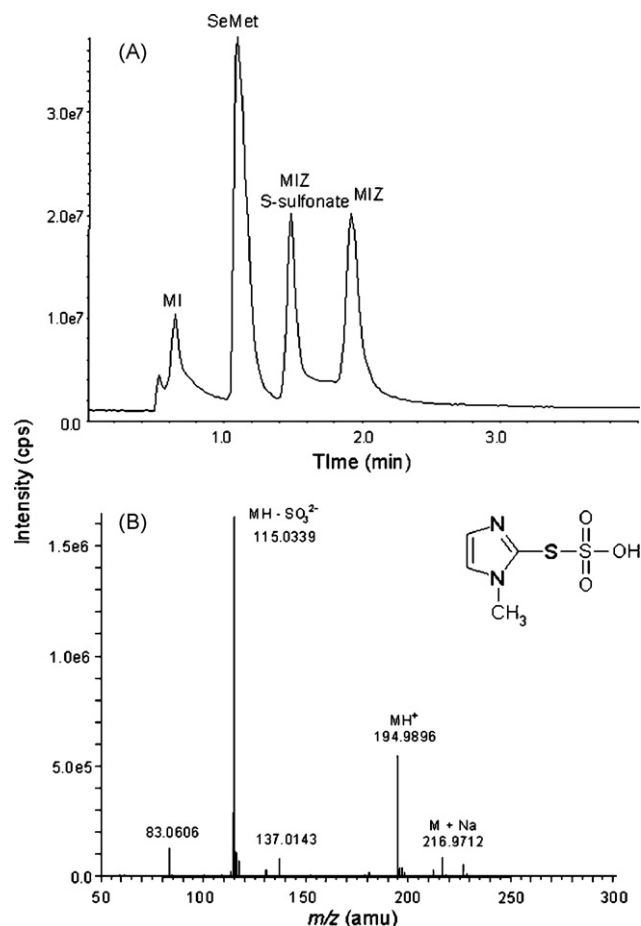
**Fig. 2** – Typical HPLC chromatogram of the reaction of MetSeO with MIZ with UV detection at 220 nm after 0 min (A), 50 min (B), and 150 min (C) reaction time. MI = 1-methylimidazole.

### 3.4. Stability of MIZ S-sulfonate at 37 °C and different pHs

MIZ S-sulfonate was stable at pH 7.0 for at least 2 h, whereas it was almost totally decomposed by 60 min at pH 5.0 (data not shown). The only other peak in the chromatogram whose area changed was MIZ and it increased, demonstrating that MIZ S-sulfonate breaks down into MIZ; similar results were observed at pH 3.0 (data not shown).

### 3.5. Reaction of L-methionine and N-acetyl-L-methionine with MetSeO under physiological conditions

The ability of L-methionine or N-acetyl-L-methionine to reduce MetSeO at pH 7.4, 37 °C over time (up to 150 min) was also examined. However, little to no reduction (<5%) was observed with these compounds, even at a molar ratio as high as 1:5 (MetSeO:reductant; data not shown).



**Fig. 3 – (A) LC/MS chromatogram of the reaction mixture of MetSeO and MIZ at pH 7.4, 37 °C. The identities of peaks I–IV, were confirmed by MS analyses as 1-methylimidazole, SeMet, MIZ-S-sulfonate and MIZ, respectively. The mass spectrum of the MIZ S-sulfonate peak is shown (B) as to our knowledge, the mass spectrum of this compound has not been previously reported.**

### 3.6. Reaction of L-methionine sulfoxide with GSH, ascorbic acid or MIZ

To determine if the reaction of GSH, ascorbic acid or MIZ with MetSeO was unique to MetSeO, the structural analog, L-methionine sulfoxide was incubated under similar conditions as carried out with MetSeO using GSH, ascorbic acid, and MIZ. However, no change in the concentration of L-methionine sulfoxide or formation of L-methionine was observed with any of these compounds (data not shown).

## 4. Discussion

Similar to GSH, L-cysteine and N-acetyl-L-cysteine reduced MetSeO to SeMet at similar stoichiometry (2:1 thiol:MetSeO). These results suggest multiple endogenous thiols could be depleted secondary to SeMet exposure. SeMet has been shown to cause growth inhibition in several human tumor cell lines at concentrations ranging from 40 to 130  $\mu\text{M}$  [1]. Although

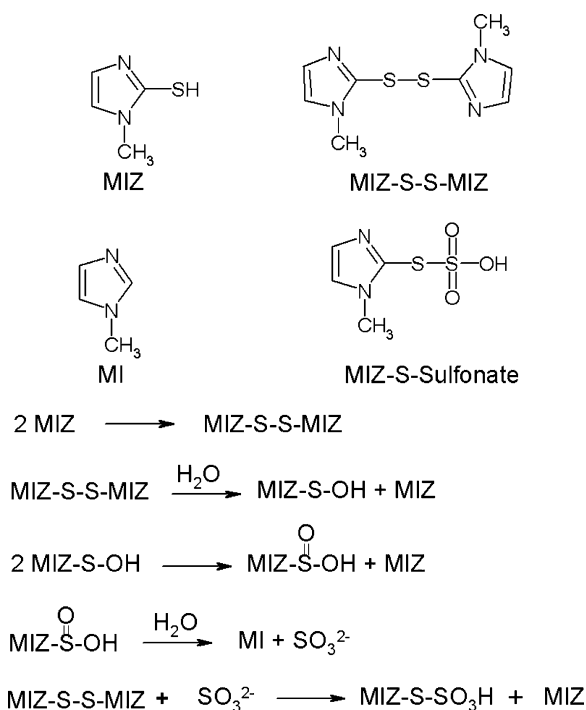
mammalian cells typically have much higher GSH concentrations (0.1–10 mM) [26], repeated recycling of SeMet between reduced and oxidized forms can cause depletion of GSH and formation of GSSG and protein mixed disulfides.

Ascorbic acid, an antioxidant that does not contain a thiol moiety, has also been shown to reduce MetSeO to SeMet. The stoichiometry observed for the latter reaction (1:1) is similar to that observed for the reduction of phenyl 2-aminoethyl selenoxide by ascorbic acid [22]. Ascorbic acid protects cells by reducing reactive oxygen and nitrogen species to stable molecules. It also acts as a cofactor in the biosynthesis of catecholamine, carnitine and collagen [27]. Vitamin C is typically found in human plasma at concentrations ranging from 50 to 70  $\mu\text{mol/L}$  [28] and can accumulate 50-fold in human tissues compared to plasma [29]. Similar to GSH, repeated recycling of SeMet could result in depletion of ascorbic acid. Thus, oxidative metabolism of SeMet to MetSeO and reduction of MetSeO back to SeMet can lead to depletion of endogenous thiols and antioxidants, such as ascorbic acid, leading to cellular oxidative stress and injury.

MIZ is a thioureylene antithyroid drug that is also used as an alternative FMO substrate to inhibit FMO-mediated reactions. Because SeMet is a substrate for multiple FMOs, it was of interest to examine if MIZ could also reduce MetSeO under physiological conditions (pH 7.4, 37 °C) to yield SeMet. The results of the reaction of MetSeO with MIZ were unexpected since MIZ ( $\text{pK}_a = 12$ ) [30] was previously shown not to react with 5,5'-dithiobis(2-nitrobenzoate) whereas GSH ( $\text{pK}_a = 9.2$ ) [31,32] readily reacted with this compound [33]. MIZ has been previously shown to have antioxidant properties and protected against nephrotoxicity mediated by gentamicin, cephaloridine, cisplatin, S-(1,2-dichlorovinyl)-L-cysteine, or 2-bromohydroquinone [34,35]. In the present study, MIZ readily reduced MetSeO back to SeMet, suggesting MIZ should not be used as an alternate substrate when studying FMO-mediated oxidation of SeMet.

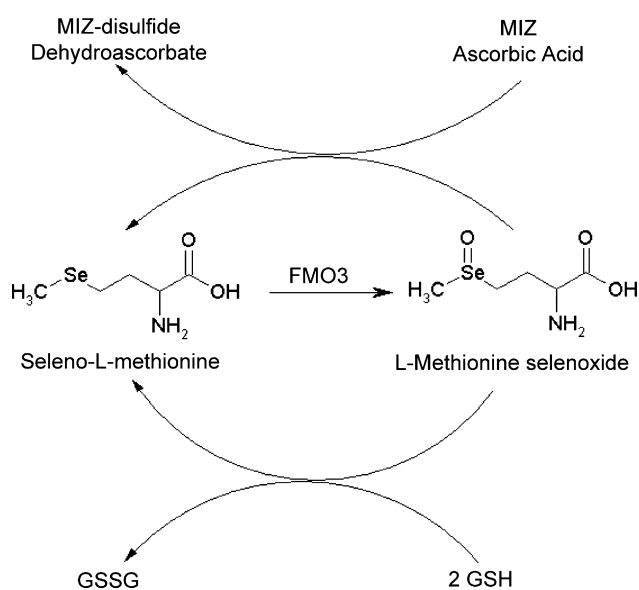
Similar to the reaction of MetSeO with GSH, the disulfide of MIZ was detected in the reaction mix. However, unlike GSSG which is chemically stable and requires GSH reductase and NADPH to be recycled back to GSH [16,17], MIZ-disulfide was unstable and quickly decomposed to MIZ and MIZ S-sulfonate (Figs. 3 and 4). The instability of MIZ disulfide which is consistent with its chemical structure (imidazolyl disulfide) has previously been reported [23,25]. A possible mechanism for MIZ S-sulfonate formation involves the hydrolysis of MIZ disulfide to yield MIZ, MIZ-sulfenic acid, MIZ sulfinic acid, MI, and sulfite anion followed by reaction of the sulfite anion with MIZ-disulfide (Fig. 4). MIZ S-sulfonate was stable at pH 7, 37 °C (at least 150 min) but at pH 3 or pH 5, 37 °C, it decomposed to yield MIZ over 60 min (data not shown). Small amounts of 1-methylimidazole, a known metabolite of MIZ in rat liver microsomes [36] were detected in incubations of MetSeO and MIZ for 25–150 min. However, if the reaction mixture was allowed to remain at 4 °C overnight, the amount of detectable 1-methylimidazole increased. The exact mechanism for the formation of MI was not investigated, but as indicated above may involve the decomposition of MIZ sulfenic and sulfinic acids formed by the hydrolysis of MIZ-disulfide [24].





**Fig. 4 – Structures of MIZ and related compounds formed in its reaction with MetSeO and possible mechanisms of MIZ disulfide and MIZ S-sulfonate formation and/or breakdown. MI = 1-methylimidazole; MIZ-S-S-MIZ = MIZ disulfide.**

Methionine sulfoxide, the sulfur analog of MetSeO, was also tested in the presence of GSH, Vitamin C or MIZ to determine if it could also be reduced to Met in a similar manner. Unlike MetSeO, methionine sulfoxide was completely stable under the conditions tested. Methionine



**Fig. 5 – Oxidative metabolism of SeMet by FMO3 and the reduction of MetSeO by GSH, MIZ, or ascorbic acid to regenerate SeMet.**

sulfoxide has been previously shown to be stable in the presence of GSH [16]. This demonstrates that the reaction with thiols, Vitamin C or MIZ is unique to the selenoxide. Methionine sulfoxide is also known to be reduced to methionine by methionine sulfoxide reductases. Although MetSeO may potentially serve as a substrate for methionine sulfoxide reductases, the high reactivity of MetSeO towards endogenous thiols and the high concentration of these thiols in mammalian cells suggest a preference for non-enzymatic reduction of MetSeO.

In summary, the present study shows that several endogenous thiols and antioxidants are capable of reducing MetSeO, an oxidation product of SeMet, to recycle it back to SeMet. Thus, depletion of the cellular protectors, GSH and ascorbic acid, can occur after exposure to high levels of SeMet. Depletion of GSH and subsequent formation of GSSG and protein mixed disulfides (Fig. 5) could cause changes in gene expression, and lead to oxidative stress, alterations of cellular function and/or cytotoxicity [37]. Finally, the FMO alternative substrate, MIZ is capable of reducing MetSeO to SeMet, thus, MIZ should not be used as an inhibitor to study FMO metabolism of selenium-containing compounds.

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